

OUTDOOR GOURMET HOLIDAYS

Sensory emotions among wild landscapes with tasty stopovers by bike

LANGA & ALTA LANGA, PIEMONTE



TOUR PROPOSAL 5 DAYS/4 NIGHTS:

- **4 overnight stays** in the accommodation facility chosen for you, double rooms, breakfast included
- **3-day bike/e-bike rental**, including:
 - English-speaking guide specialized on e-bike tours, as per program
 - Bike/e-bike delivery and drop off at the accommodation
 - Possibility of battery recharge for e-bike
- **1 cooking class with a professional chef** to prepare local recipes
- **1 dinner** with the dishes prepared during the course, drinks included
- **1 guided visit** to a small local **cheese producer** with tasting
- **1 guided visit** to a small local **hazelnut producer** with tasting
- **3 light lunches** in selected inns in the Alta Langa region, tasting menus
- **3 dinners** in traditional local restaurants, tasting menus
- **1 guided visit** to a **Barolo wine cellar** with tasting
- Welcome pack with information material in every room upon arrival
- Operating costs, tourist accommodation tax and assistance during the whole stay

€ 999,00 per person - basis 6 people*

*The price does not include: flights, transfers, drinks, extras in general, anything not expressly specified.

ACCOMMODATION



TRATTORIA DEL BIVIO, Cerretto Langhe

Crafted out of the renovation of an old farmhouse, this cosy, friendly family-run business is set amidst the panoramic scenery of the Alta Langa. An atmosphere of refined hospitality reigns in the rooms, while the restaurant serves classic local dishes which are skilfully reworked. The new covered, heated pool with a hot tub guarantees guests of the rooms and restaurant the chance for total relaxation.

PROGRAM

DAY 1

Welcome to the Alta Langa hills!

Check-in at your accommodation facility in a small hamlet. Time to relax.

The tour will start with a full immersion in the traditional tastes and aromas with a local cookery course in the inner restaurant of your accommodation: preparation of a traditional menu, to discover the roots of our local food & wine culture, picking up some of the secrets behind the flavours and ingredients from an expert cook, alongside magical ways of combining them to create the typical dishes of the Langhe and Roero - Piedmont. Dinner together with the dishes prepared and overnight stay.



DAY 2 (Cycling distance: 50 km)

After the rich breakfast, meeting with our local bike guide at the accommodation for a briefing on the itinerary of the day: the bikes will bring you along magic and wild sceneries.

Stop for lunch in a characteristic inn of the region to rest and enjoy a light but tasty meal. Arrival to a small local cheese producer and visit of the farm with tasting of the cheeses available: an authentic experience discovering the secrets of cheese made in keeping with traditions in a natural environment, where the flavours are genuine and the aromas are reminiscent of days gone by.

From sheep at pasture, to the cheese-making workshop and the tasting of fresh and more mature cheeses: a journey to remember into taste.

Ride back to your accommodation. **Dinner in a traditional tavern** and **overnight stay**.



DAY 3 (Cycling distance: 60 km)

After the rich **breakfast**, meeting with our local **bike guide** at the accommodation for a **second exciting adventure**. Stop for **lunch in a characteristic inn** of the region to rest and enjoy a light but tasty meal. Arrival to a small **local hazelnut producer** and **visit of the farm with tasting of hazelnut products**: Nocciola Piemonte IGP is the best Hazelnut in the world according to scientific studies. The secret of its pre-eminence lies in the consistency of the fruit, but also in its sweetness, intense aroma, and excellent keeping qualities. In a nutshell: an outstanding product from an area.

Ride back to your accommodation. **Dinner in a traditional tavern** and **overnight stay**.



DAY 4 (Cycling distance: 45 km)

After the rich **breakfast**, departure for the **tour in the Barolo wine area**, along the Unesco vineyard landscapes dotted with towers and castles. Approx 25/30 kms.

Take your time to enjoy the beauty of the landscapes, where every hill is ode to Bacchus, where cellars are temples and farmers are vestals, and where the history of the Barolo wine making, in which the Countess Juliette Colbert and the Count of Cavour Camillo Benso played great roles, took place. Stop for **lunch in a characteristic inn** of the region to rest and enjoy a light but tasty meal. **Guided visit to a local well-known wine cellar with tasting**. Ride back to your accommodation.

The last **dinner** will take place in **Alba, Unesco Creative City for Gastronomy**.

The ancient town reveals its special appeal in the picturesque charm of numerous towers and houses surviving from an urban system dating back thousands of years. Today the towers continue to be the dominant feature of the old town centre, where visitors can admire churches, bell-towers, porticos, and public and private buildings testifying to its splendid history.

At the same time, nice boutiques, elegant typical products shops and art exhibitions show its vivid and cosmopolitan attitude in a characteristic and traditional frame.
Back to the accommodation and **overnight stay**.



DAY 5

After the rich **breakfast** and check-out, end of the program and departure.
Arrivederci!

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